



Image by
Supercoloring

Spend a little time studying this picture, colour it in if you would like to, making it as muted or vibrant as you wish.

Over the past weeks many of us have been locked in, like Noah his wife and family, losing our sense of routine and familiarity, often feeling alone. Many people have died during this Coronavirus pandemic. Many have put themselves at risk to help others.

How have you coped with this 'lockdown'?

If you are struggling, is there anything you can change to make it better?

In the light of this time, is there anything you would like to share with someone younger than yourself?

Read the text below. Is God speaking to you through the words and the picture?

BIBLE READING: adapted from: Genesis 7 & 8: 1-12

All around people were making bad choices. Making a mess of the world and hurting each other. Noah was a good man and God asked him to build a huge Ark and then take his family and a pair of all the animals, birds and creatures on the earth safely into it. Noah was very old but he did as God asked. When they were all safely in the Ark it started to rain. Over many months the land became flooded and everything outside the Ark died. Then one day the Ark came to rest on a high mountain called Ararat. Looking out Noah saw the rain had stopped although all he could see was water, slowly it began to subside. After forty days Noah decided to check to see if the world was becoming dry and, over a number of days, he let free three birds. Eventually the third, a dove, came back with a small branch in its beak and Noah knew it was safe to open up the Ark and start to let his family and the animals out.

PRAYER: when we feel alone prayer brings us closer to God.

O Lord grant unto us now to find You alone, that we may open to You our hearts and enjoy You as our souls desire. When You alone shall speak to us, and we to You, good Lord; as one friend is accustomed to speak to another secretly. This we desire and pray Lord Jesus, that we may be fully drawn to You, gathered wholly in You and utterly forgetting ourselves. That You might be with us, and we with You, and thus assembled make us ever dwell together, we pray. Evelyn Underhill.

YOUR NOTES:

We hope that you have enjoyed this exercise. Perhaps you could keep them to help with your discipleship. Please feel free to forward it to others. A new picture should go up each week and can be found on The Five Parishes website under Bible in Pictures.

If you would like to speak to someone from the church please do call:

..... on this number