

Prayer Space August 2020



Take a moment to prepare yourself before God

Lectio Divina, praying through the bible

You are invited to have a bible open at 2nd book of Timothy, chapter 1, verses 6-10.

the verses are below if you don't have one

Then, read through the text very slowly.

When you are struck by a word or a phrase **STOP**.

Stay with the words that moved you, maybe repeating them slowly, allowing them to sink into your heart. Only move on when you are quite ready.

Try to have an inner stillness so that you can perceive the gentle action of God.

2 Timothy 1:6-10 New Living Translation

⁶ This is why I remind you to fan into flames the spiritual gift God gave you when I laid my hands on you. ⁷ For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.

⁸ So never be ashamed to tell others about our Lord. And don't be ashamed of me, either, even though I'm in prison for him. With the strength God gives you, be ready to suffer with me for the sake of the Good News. ⁹ For God saved us and called us to live a holy life. He did this, not because we deserved it, but because that was his plan from before the beginning of time—to show us his grace through Christ Jesus. ¹⁰ And now he has made all of this plain to us by the appearing of Christ Jesus, our Saviour. He broke the power of death and illuminated the way to life and immortality through the Good News.



Amen.