



Prayer Space October 2022 N° 33
Evening

Shadows lengthen
darkness thickens
the lights are lit
and the day we have lived through comes to
an end.

- 1 Be still and know that I am God.
Be still and know that I am God.
Be still and know that I am God.
- 2 I am the Lord who saves and heals.
I am the Lord who saves and heals.
I am the Lord who saves and heals.
- 3 In you, O Lord, I put my trust.
In you, O Lord, I put my trust.
In you, O Lord, I put my trust.

Anonymous
Based on Psalm 46:10-11

Let us worship the God who separated light
from darkness
Let us worship the God who ordered the
birth of the stars
Hallowed be his name- who watches over
us, unsleeping, night and day.
Hallowed be his name.

Feel the rhythm of your heartbeat, feel
part of life's rhythm, birth, growth, ageing,
dying and moving into eternal life. Feel this

night as part of the rhythm of weeks,
months, and seasons. Feel in part of the
creative, regenerating and sustaining life
of God flowing through you.

Silence

Through our nights and days,
through our waking and sleeping
through our resting and working
keep us mindful of your presence, holy God.

Through places of darkness
when we cannot see,
when we stumble,
keep us mindful of your faithful love.

When evil threatens
deceiving and unnerving us,
masquerading as light,
keep us mindful of your strong protection

We call to mind those whose shift is just
beginning;
those who are dreading this night;
Lord, have mercy.

We call to mind those who have no shelter
or adequate accommodation.
those for whom the comfort of sleep does
not come and whose minds cannot rest.
Lord, have mercy.

We call to mind those who will be severely
tempted tonight to abuse or pollute their
bodies;
those for whom the night will drag past in
pain;
and those who, throughout the world, will
not see the morning light
Lord, have mercy.

We will lie down in peace and take our rest,
for it is in you, Lord, who makes us dwell in
safety.

*Adapted from Susan Sayers
Reflective Services-Kevin Mayhew*

Psalm 121- Assurance of God's Protection

¹ I lift up my eyes to the hills—
from where will my help come?

² My help comes from the LORD,
who made heaven and earth.

He will not let your foot be moved;
he who keeps you will not slumber.

⁴ He who keeps Israel
will neither slumber nor sleep.

⁵ The LORD is your keeper;
the LORD is your shade at your right
hand.

⁶ The sun shall not strike you by day
nor the moon by night.

⁷ The LORD will keep you from all evil;
he will keep your life.

⁸ The LORD will keep
your going out and your coming in
from this time on and forevermore.

1 Here are my thoughts, Lord, here is my
mind.

Here are my deeds, Lord, help me
unwind.

Here is my strength, Lord, here is my
will.

Here is my life, Lord, help me be still.

2 Here is my heart, Lord, here is my hope.

Here is my love, Lord, help me to cope.

Here is my time, Lord, here is my might.

Here I am yours, Lord, bless me tonight.