

Hi again, JAM-at-Homers,

Happy New Year! It was lovely to watch your school Christmas plays and also to hear how you enjoyed making your Christingles. Thank you for the photos! What a strange new year it is too with yet another lockdown. We hope you are all getting on OK and keeping busy with school work and everything else. Here is another JAM-at-Home with more ideas for you to do at home and things to think about!



Do you remember the story we had last term of David the shepherd boy, who killed the HUGE giant called Goliath? Well, in this session we are going to think a bit more about David and what else he did, apart from killing a big man!

Have a watch of this video to tell you more.....

<https://youtu.be/YNcLkiSFJDE>

Look on the next page to see the story again...

Wow, so David liked singing songs, and writing songs and poems, and praising God. Just like us, sometimes he felt happy and wrote happy songs, but sometimes he felt a bit grumpy and fed up – he didn't want to sing happy songs to God then, so he also wrote sad songs and worried songs... but he knew that, however he was feeling, he could still talk to God about it and that God cared about him and would look after him. We can find these songs (or "psalms") in the Bible and we still use them in church when we worship God thousands and thousands of years later!



Can you see in the picture that there is a musical instrument? David played an instrument called the lyre or harp. Over the page there are some suggestions of musical instruments you could make and have a go at playing. There are lots of other ideas on the internet, but here are a few to start you off ...

When you have made your instruments, you might like to play them while you sing! Maybe

- singing the song you have written (don't forget to send a copy to Rev Sian too),
- or singing our JAM Lighthouse song, <https://www.youtube.com/watch?v=JeJvKkBV6rY>
- or singing along to a modern version of one of David's songs, Psalm 23, "The Lord is my shepherd, there's nothing that I need....." <https://www.youtube.com/watch?v=4cp478Gxs-0>

Here's a special **prayer** and then our JAM prayer,

Thank you God that you love us and care about us.

Thank you that, like David, we can talk to you when we are happy, when we are sad,

when we are worried, or any time at all!

May God bless ME (point to yourself),

God bless YOU (point to other people),

God bless EVERYONE (open your arms out wide),

All over the world (draw a big world shape circle with your hands). Amen



This week's challenge comes from David.



David started life as a shepherd. Hang on – I said shepherd not dog walker!



There we go, that's better.



David was the youngest 8 sons. Imagine that in lockdown. The queue for the toilet!



David had lots of things that he enjoyed.



He loved to sing. Sometimes they would get up & dance & sometimes they would lay down & sleep.



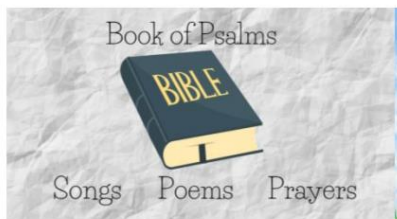
He also loved to read & write.



You might remember David from his heroic fight with Goliath. But we aren't going to talk about that.



We are going to talk about the things David loved to do.



A lot of what David has written is in the book of Psalms. Why don't you try reading some of it?



David would often say things like – 'God you are amazing'. 'God you always help me'. 'God help me'.



Thinking about all that David loved to do, your challenge this week is above. You can share it with us at the address below.

Please send your completed challenge to us at: revsianlawton@gmail.com



Making musical instruments.....

A lyre/harp/guitar

Find a box (eg empty tissue box, or plastic ice cream box) and lots of different elastic bands or hair elastics.

Carefully stretch the elastic bands over the box and then twang them gently with your fingernails – do they all sound different? If you put your finger on the elastic pressing it down onto the box while you pluck - does it change the sound?



A Drum

You will need a tin (make sure there are no sharp edges) or bowl,

a balloon, strong tape

Carefully cut the balloon across the middle and then stretch it over the tin/bowl. Pull it tight and then stick the balloon to the sides of the tin/bowl with the tape.

Tap gently with your finger or a pencil!



A Shaker

Find an empty tub or plastic bottle.

Put some dry pasta, rice, small stones etc inside.

Put the lid back on firmly (you might need to tape it closed!).

SHAKE!



We look forward to our next JAM time together!

Love from All the JAM Team